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# DOCTORS PLUS GROUP

## Pain Management Referral Form

### East Airdrie Medical Centre

103 – 1800 MARKET STREET, AIRDRIE, AB T4A 0K9  
PHONE: (403) 989 9929 \* FAX: (403) 980 9925

### Doctors Plus Medical Centre

309 – 505 MAIN STREET, AIRDRIE, AB, T4B3K3  
PHONE: 403 945 0770 \* FAX: 403 945 8997

### Dr. Sana-Ara Ahmed, MD, FRCP(C)

Anesthesiologist, Interventional Chronic Pain  
Management & Medical Marijuana Specialist

<http://doctorsplus.ca/pain-medicine>

### Patient information:

Label Here

#### Patient Details

- Pregnant
- Breastfeeding
- Age > 25y < 75y

#### Medications

- Warfarin
- Heparin
- Plavix/Dabigatran
- Other: \_\_\_\_\_

#### Chronic Pain Management

- Opioid Risk Reduction Prescription Management
- Medical Marijuana Prescriptions
- Post-Concussion & CTE Management
- Chronic Pelvic Pain Management
- Myofascial Trigger Point Injections
- Ultrasound Guided Peripheral Nerve Blocks
- Botox® Migraine Treatments
- Lumbar Epidural Injections
- Joint injections
- Platelet Rich Plasma Injections

#### Medical Marijuana Prescription

##### INDICATIONS:

- Opioid Risk Reduction Management
- Post-Concussion Headaches/CTE
- Migraines/Cervicogenic headaches
- Chronic Neuropathic Pain (DM, Trigeminal)
- Sciatica/Spinal Radicular Pain
- Fibromyalgia
- Myofascial Pain Syndrome
- Arthritis (OA, RA, PA)
- Chronic Pelvic Pain
- Multiple Sclerosis
- Epilepsy
- Muscle Spasticity
- Insomnia
- Glaucoma

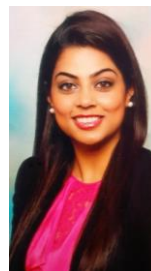
- Post-Traumatic Stress Disorder (PTSD)
- Anxiety &/or Depression
- Chemotherapy Induced Nausea/Vomiting
- HIV/AIDs Wasting Syndrome
- Irritable Bowel Syndrome

##### CONTRAINDICATIONS:

- Age < 25 years old
- Unstable CVS Disease (EF < 50%)
- Schizophrenia or Bipolar Disorder
- Known Substance Abuse History
- Concomitant hypnotic drug use
- Occupational Hazard (Heavy Machinery Operation, Driving)

### Referring Physician:

Date: \_\_\_\_\_  
 Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Prac ID: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 Signature: \_\_\_\_\_  
 Copies to: \_\_\_\_\_



Dr. Sana-Ara Ahmed is a Pain Advocate & Pain Specialist from Toronto. Learn more about her at <http://doctorsplus.ca/pain-medicine>



Pain Advocacy Group

We look forward to being of service to you and your patients!